

Opening / Closing

Instructor: Hai Dozo + (Double clap) = *Line up, you are welcome here.*

Instructor: Musubi Dachi = *Attention feet and arms together.*

Students: Sir! (Ma'am if instructor is female)

Instructor turns

Student: Iesu Ni Rei = *Bow to Jesus*

Student: Kyso Ni Rei = *Bow to founders*

Instructor turns back around and points to lead student

Student: Sensei Ni Rei = *Bow to Sensei*

Instructor: Yoi = *Ready stance*

Opening Devotional and prayer

Instructor: Does CAN'T exist in this Dojo?

Students: No Sensei! Through the Lord, I can do all things!

Instructor: Does DEFEAT exist in this Dojo?

Students: No Sensei! Prayer and Faith will lead me to victory!

Instructor: Does FEAR exist in this Dojo?

Students: No Sensei! The Lord Says, "Fear not for I am with you"!

Instructor: Does PAIN exist in this Dojo?

Students: No Sensei! By Gods hand I shall be healed!

Instructor: How do you live?

Students: By the Grace of God and the Code of the school.

Instructor: What are the tenets of that code?

Students: Respect, Loyalty, Wisdom, Honor, Courage, Compassion, Forgiveness, Discipline

Instructor: What are the 4 key goals of martial arts?

Students: Self-Discipline, Self-Confidence, Self-Defense, Self-Control

This ends the opening or closing...